

Transcending into Peace and Tranquility

Join us for an afternoon of Self Awakening and Spiritual Enlightenment

Meditation and the Path of Enlightenment - Betty Humes

A Spiritual Enlightenment expert and an Intuitive, Betty Humes will start the afternoon with a guided meditation as we find our center. Following the meditation, Betty will share her insight on Self-Awakening and Self Realization. She will answer any questions you may have about your path and she will share her story as well.

Betty, born and raised in Scotland where her introduction to spiritual life began, has had many teachers throughout her journey that always appeared in her life when the next step was necessary, including Mooji in India. She has studied and taught classes in healing and psychic development including The Power of Now classes by Eckhart Tolle. Her passion is to help people find their own peace and balance in today's world.



Remembering! Your Journey to Peace and Joy - Pat Heydlauff

We are all somewhere on our spiritual journey. Some are taking first steps; others are well along the way. Some are fully immersed in knowing about things like “as above so below” and the impact the stars on our lives; for others this is a foreign concept. But many strive to understand how consciousness, astrology and enlightenment can improve or hinder our daily lives. Ancient manuscripts such as the Emerald Tablets provide us a roadmap for our spiritual journey.

Pat Heydlauff will help you take your first steps. Seek until you find unconditional love and your internal empowering connection. It is the journey and revealing your deep eternal connection that makes the difference to living a life filled with peace and joy.

Pat Heydlauff is an author of several books, artist, Renaissance woman and pioneer of limitless boundaries. With her insightful knowledge and calming presence, she will inspire and assist you in your journey.



Sponsored by Energy Design

1:00 – 5:00 pm

February 17, 2018

Palm Beach Gardens, FL 33418

Cost—\$60.00 per person. Register now, space is limited. [Click here](#) to register, or go to <https://squareup.com/store/energy-design> into your browser. Questions—call 561-408-2708 or email balancingenergy@energy-by-design.com. We will send you the street address.